ST. QUENTIN
DENTAL GROUP

Post Operative instructions

Patient: _____

Date: _____

Procedure: _____

1). Take all medications as prescribed.

2). Avoid placing any pressure on the implant area. Have a soft diet and chew on the side away from the area.

3). Do not smoke

4). Avoid alcohol for 36 hours.

5). Do not engage in any activity that may raise your blood pressure.

6). Use an ice pack intermittently at 20 minute intervals for the first 6-12 hours.

7). Brush teeth as normal avoiding area. Rinse mouth thoroughly, removing all toothpaste

8). Rinse with **Savacol mouthrinse** for **not less than 60 Seconds** two times per day for 21 days.

9). After day 4 **in addition** to the Savacol rinse, use soft brush supplied dipped in Savacol to gently massage area of implant.

10). Removal of sutures will take place 7-14 days post operatively.

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COSMETIC AND GENERAL DENTISTRY
247 STIRLING HIGHWAY CNR RESERVE ST, CLAREMONT
WESTERN AUSTRALIA 6010 PH: (08) 9385 2418 FAX: (08) 9383 4014
Banthan Pty Ltd. A.C.N 009 339 235